

The Willows Catholic Primary School – School Meals Menu

Week 1										
	Monday		Tuesday		Wednesday		Thursday		Friday Favourites	
Option 1	Pork Meatballs in Tomato Sauce	Baby New Potatoes & Green Beans	Veggie Brunch with Vegetarian Sausage & Free Range Omelette	Hash Browns & Baked Beans	Roast Pork with Sage & Onion Stuffing and Gravy	Mashed Potatoes, Carrots & Broccoli	Chicken & Vegetable Tikka Curry	Rice & Naan Bread	Crispy Battered Fish	Chips, Garden Peas or Mushy Peas
Option 2	Homemade Cheese & Pastry Whirl	Potato Wedges & Corn on the Cob	Jumbo Fish Finger & Tortilla Wrap	Diced Potatoes & Garden Peas	Pasta in a Neapolitan Sauce	Garlic Dough Balls and Crunchy Salad	Lancashire Beef Burger in a soft bun with Ketchup	Wedges & Sweetcorn	Homemade Cheese & Tomato Pizza	Chips & Baked Beans
Option 3	Jacket Potato and Side Salad	Baked Beans, Cheese or Tuna Mayo	Jacket Potato and Side Salad	Baked Beans, Cheese or Tuna Mayo	Jacket Potato and Side Salad	Baked Beans, Cheese or Tuna Mayo	Jacket Potato and Side Salad	Baked Beans, Cheese or Tuna Mayo	Jacket Potato and Side Salad	Baked Beans, Cheese or Tuna Mayo
Dessert	Chocolate & Mandarin Sponge & Custard	Salad Bar Yoghurt Milk / Water	Gluten Free Cookie	Salad Bar Yoghurt Milk / Water	Cheese & Crackers with Apple Wedges	Salad Bar Yoghurt Milk / Water	Lemon Sponge & Custard	Salad Bar Yoghurt Milk / Water	Shortbread Biscuit & Chocolate Milkshake	Salad Bar Yoghurt Milk / Water

Week 2										
	Monday		Tuesday		Wednesday		Thursday		Friday Favourites	
Option 1	Pork Sausages & Onion Gravy	Mashed Potatoes and Garden Peas	Quorn meatballs & Vegetable Casserole with Dumplings	Roast Potatoes & Winter Cabbage	Roast Chicken with Sage & Onion Stuffing and Gravy	Roast Potatoes, Carrots & Winter Cabbage	Homemade Beef Hotpot with Baked Sliced Potato	Broccoli & Sliced Beetroot	Crispy Battered Fish	Chips, Garden Peas or Mushy Peas
Option 2	Pasta in Tomato & Mascarpone Sauce	Garlic Dough Balls & Crunchy Side Salad	BBQ Chicken Fillet in a soft bun & Mayonnaise	Potato Wedges & Corn on the Cob	Hot filled Cheese, Ham or Tuna Panini	Tortilla Chips & Veg Sticks	Homemade Cheese, Potato & Onion Pie	Diced Potatoes & Sweetcorn	Homemade Cheese & Tomato Pizza	Chips & Baked Beans
Option 3	Jacket Potato and Side Salad	Baked Beans, Cheese or Tuna Mayo	Jacket Potato and Side Salad	Baked Beans, Cheese or Tuna Mayo	Jacket Potato and Side Salad	Baked Beans, Cheese or Tuna Mayo	Jacket Potato and Side Salad	Baked Beans, Cheese or Tuna Mayo	Jacket Potato and Side Salad	Baked Beans, Cheese or Tuna Mayo
Dessert	Toffee Apple Crumble & Custard	Salad Bar Yoghurt Milk / Water	Gluten Free Muffin	Salad Bar Yoghurt Milk / Water	Homemade Raspberry Bun	Salad Bar Yoghurt Milk / Water	Vanilla Sponge & Custard	Salad Bar Yoghurt Milk / Water	Chocolate Ice Cream Roll	Salad Bar Yoghurt Milk / Water

Week 3										
	Monday		Tuesday		Wednesday		Thursday		Friday Favourites	
Option 1	Chicken Goujon & Salad Tortilla Wrap	Potato Wedges & Corn on the Cob	Bubble Coated Salmon Fillet	New Potatoes & Seasonal Vegetables	Roast Beef with Yorkshire Pudding & Gravy	Mashed Potatoes, Carrots & Broccoli	Homemade Chicken & Vegetable Pie	Diced Potatoes, Green Beans & Garden Peas	Crispy Battered Fish	Chips, Garden Peas or Mushy Peas
Option 2	Free Range Omelette with Cheese & Tomato	Potato Wedges & Baked Beans	Lancashire Pork Sausage in Finger Roll & Ketchup	Diced Potatoes & Corn on the Cob	Pasta in a Sweet Pepper & Tomato Sauce	Garlic Dough Balls & Side Salad	Homemade Vegetable Balti Curry	Rice & Naan Bread	Homemade Cheese & Tomato Pizza	Chips & Baked Beans
Option 3	Jacket Potato and Side Salad	Baked Beans, Cheese or Tuna Mayo	Jacket Potato and Side Salad	Baked Beans, Cheese or Tuna Mayo	Jacket Potato and Side Salad	Baked Beans, Cheese or Tuna Mayo	Jacket Potato and Side Salad	Baked Beans, Cheese or Tuna Mayo	Jacket Potato and Side Salad	Baked Beans, Cheese or Tuna Mayo
Dessert	Creamy Rice Pudding	Salad Bar Yoghurt Milk / Water	Jam Sponge & Custard	Salad Bar Yoghurt Milk / Water	Gluten Free Cookie	Salad Bar Yoghurt Milk / Water	Gluten Free Lemon Muffin	Salad Bar Yoghurt Milk / Water	Ice Cream Tub	Salad Bar Yoghurt Milk / Water