

EYFS  
Spring



## Growing

Lent is the season when we think about our lives and making changes for the better. We practise both giving and giving-up, to grow more like Jesus. We will learn about Lent, Holy Week and the Easter Triduum (Holy Thursday, Good Friday and Easter Vigil).

### Did you know?

Purple is the special colour for Lent and white is the special colour for Easter.



### Key Vocabulary

**Lent:** the time that starts on Ash Wednesday and lasts for 40 days during which we get ready for Easter.

**Good Friday:** the day Jesus died on a cross because he loved us so much.

**Cross:** Jesus died on a cross.

**Easter Sunday:** the day Jesus rose from the dead.

**Ashes:** The burnt palm leaves mixed with oil and water which are placed on our foreheads to remind us of Jesus.

**Easter Sunday:** the day Jesus rose from the dead.

**Tomb:** the cave where Jesus's body was laid to rest. A large stone was placed at the entrance to the tomb.

### Key Knowledge

- Ash Wednesday marks the beginning of Lent.
- Lent: a time to grow in love to be more like Jesus and to look forward to Easter.
- Jesus who is the example we follow in goodness, love, care and helpfulness.
- Lent is a time for prayer, fasting and almsgiving.
- Jesus died on Good Friday.
- Jesus rose from the dead at Easter.
- Easter is the church's celebration of Jesus' new life.



### Questions of Meaning and Purpose:

- How do things grow?
- What do things need to grow?
- How do I grow 'Inside'?