Lent/ Easter

Year 1
Spring Term

In this unit the children will learn that Lent is a time think about our lives and make a change for the better. Lent is a time to grow more like Jesus and look forward to Easter.

Background Information

Lent is the season we practice giving and giving up to identify with the self offering of Jesus. In loving and caring for other people, we are loving and caring for Jesus.

Key Knowledge

- To know the events of Palm Sunday, Good Friday and Easter Sunday.
- To know the signs and symbols of Ash Wednesday, Lent and Easter Sunday.
- To know that Lent is an opportunity to change and make a new start.
- Ash Wednesday begins the 40 days of Lent.
- Jesus died on Good Friday and rose again on Easter Sunday.

What we will be Learning

- Write our own Advent Promises.
- Take part with Fr Andrew in the Ash Wednesday service.
- Lent is a time when we can make a change for the better.
- Learn about the story of Palm Sunday.
- Know that Jesus died and rose again.



Questions of Meaning and Purpose:

- How have you changed since a baby?
- How do you show kindness and sharing now that you are older?

Key Vocabulary

Prayer: talking to God to praise Him, thank Him or ask Him for something.

Ashes: The burnt palm leaves mixed with oil and water which are placed on our foreheads to remind us of Jesus.

Good Friday: the day Jesus died on a cross because he loved us so much.

Easter Sunday: the day Jesus rose from the dead.

Tomb: the cave where Jesus's body was laid to rest. A large stone was placed at the entrance to the tomb.

Angel: a heavenly messenger sent by God.

