

Year 3  
Autumn



## HRSE - Created and Loved by God

In this topic children will explore the individual. Children will come to understand the importance of valuing themselves as the basis for personal relationships and come to know that we are made in the image and likeness of God.

### Key Vocabulary

**Balanced diet** - Eating healthy foods, including at least five portions of fruit and vegetables a day and not too many sweet or fatty things.

**Baptism** - The sacrament that makes us God's children. The way that we become part of the family of God and receivers of His love.

**Block** - To stop someone from contacting you online, usually in games.

**Compassion** - A group or people with something in common, for example, going to the same school.

**Created by God** - We believe that God made the world, including you and me. He is the source of all life.

**Made in God's Image** - We're made by God to love Him and to love others, just like He loves all things.

**Resilience** - Not letting bad or sad feelings make you behave badly or stop you from acting normally.

**Respect** - Treating other people kindly and fairly because you think they deserve it or because you think it's the right thing to do.

**Sacrament** - A way of 'meeting' God, almost like what's invisible is made visible. Through sacraments, God can give us His gifts and come very close to us.

### Key Knowledge

- We are created individually by God who is Love, designed in His own image and likeness.
- God made us with the desire to be loved and to love and 'to make a difference' - we each have a specific purpose.
- Every human life is precious from the beginning of life to natural death.
- Personal and communal prayer and worship are necessary ways of growing in our relationship with God.
- In Baptism God makes us His adopted children and 'receivers' of His love; by receiving the Sacrament of Reconciliation, we develop good habits (grow in human virtue).
- Similarities and differences between people arise as we grow and make choices, and that by living and working together ('teamwork') we create community.
- The need to respect and look after their bodies as a gift from God through what they wear, what they eat and what they physically do.
- Emotions change as we grow up and positive actions to help emotional well-being.
- Some behaviour is wrong, unacceptable, unhealthy, and risky.
- To recognise that images in the media do not always reflect reality and can affect how people feel about themselves.
- We were handmade by God with the help of our parents.

### Key Questions

Who made you?

Why did they make you?

What is prayer?

