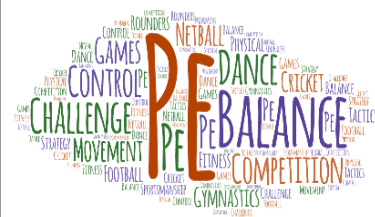


Year 6 P.E.

Autumn 1 - WW1 Dance



Overview

In this topic, Year 6 children will link their P.E. unit of dance, focussing on creative movements, freeze frames and transitions, to their history topic of World War One. The children will work independently and as part of a group to re-enact several scenes and scenarios from trench life as freeze frames. The children work on body language to convey emotion, the transition between freeze frames and working creatively as a group.

Key knowledge - P.E

- I can create independent freeze frames to convey scenes from WW1 trench life.
- I can use body language and facial expressions to convey emotion and communicate feeling.
- I can create a sequence of freeze frames based on WW1 trench life scenarios, working on different levels.
- I can incorporate creative turns and movements between freeze frames to create smooth transitions.
- I can work with others to plan, practice and perform a sequence of freeze frames based on WW1 scenarios.
- I can self-evaluate my freeze frame sequence and can provide constructive feedback for others on their performances based on agreed success criteria.

Emotion/Feelings

This is part of the **performance** of the dance. Emotion is used to **communicate the feeling and the characters** of the dance to the **audience**. A way to do this is with the **dynamics** of the movements as it can demonstrate power, enjoyment, curiosity etc.



Self Analysis

This is being able to discover strengths and areas for improvement in your dance, then **modify and improve**. Doing this through video is hugely beneficial as you are able to see things for yourself such as timings, the emotion of the performance, if a move works or not, levels used etc.



Key Vocabulary

Word	Definition
Freeze Frame	A totally still position showing a certain aspect or theme through body language.
Choreograph	Planning and creative movements or freeze frames to perform.
Timing	The amount of time or counts to hold a position or to perform a movement in.
Body Language	How you show or communicate emotion through your actions, your facial expressions etc.
Evaluate	Assessing work or a performance based on your success criteria.
Self-Evaluate	Assessing your own work or performance based on the success criteria.
Transition	A movement or action to link different part of your dance or performance.

Character skills developed in this unit:

- **Resilience and perseverance** - Working independently to create a sequence of freeze frames. Not giving up, adapting sequence based on feed back and improving work.
- **Respect and team work** - Working effectively with others to create a sequence, listening to the ideas of others in a group and working together to improve work.