

Year 6 P.E.

Autumn 1 and 2 - Basketball



Overview

In this topic, Year 6 children will be introduced to the game of basketball. They will develop key skills of passing, ball handling, accuracy when shooting and movement off the ball to find space. The children will progress to game situations where they can develop more complex skills like quick decision making in a game situation and game tactics for more successful attacking and defending.

Key knowledge - P.E

- I understand key rules in basketball which are: there is no contact; double dribbling is a foul and once I receive the ball and bounce it, if I pick it up again in two hands I cannot bounce it I have to either pass or shoot; I cannot travel with the ball without bouncing it as this would be a foul.
- I can pass a basketball with consistency, accuracy and control.
- I can bounce the basketball with each hand while moving and cross over between hands.
- I can accurately shoot a basketball.
- I can apply simple tactics on and off the ball in a basketball-type game.
- I can apply simple attacking and defending tactics when playing a basketball-type game.

Character skills developed in this unit:

- **Decision Making** - To make a definite conclusion of when to pass the ball. This will progress to decision making of when to pass in a game situation.
- **Evaluation** - To identify strengths and areas for improvement when playing a basketball-type game.



Key Vocabulary

Word	Definition
Court	The basketball pitch/playing space.
Backboard	The target board behind the rim which you can bounce the ball off when shooting.
Shoulder pass	Putting the ball to your shoulder with one hand behind, one hand to the side before extending the arm of the hand behind the ball to pass or shoot accurately.
Travelling	Moving without bouncing the ball while you are in possession of the ball. This is a foul.
Double dribble	If you receive the ball then bounce it, then pick the ball up again in two hands, you cannot then bounce it again as it would be a double dribble and foul. You have to now pass or shoot.
Tactics	Strategies that help you perform better or outfox an opponent.
Attacking	Trying to push up the pitch and score when your team has the ball.
Defending	Trying to win the ball back or stopping your opponent scoring when they have the ball.