

Year 6 P.E.

Spring 2 - O.A.A.

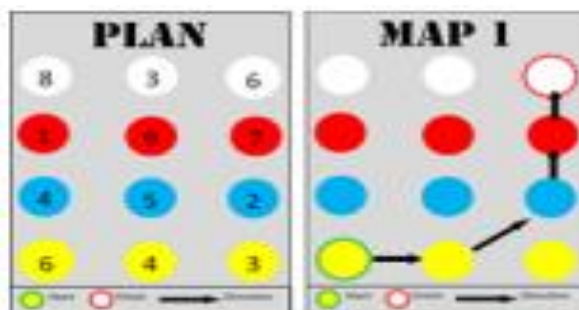


Overview

In this topic, children will develop key skills of map reading, team work and communication through outdoor and adventurous activities. Children will work as part of a team to solve puzzles, problem solving challenges and map work tasks that require/ improve character skills like communication, team work, patience and perseverance. Map work and compass directions will be learnt in order for the children to tackle orienteering and map-based challenges. There will also be several group challenges where children are given leadership responsibilities and responsibilities of reviewing and improving performances.

Key knowledge - P.E

- I can communicate with others effectively.
- I can trust others and work collaboratively to solve complex problems and tasks.
- I can follow instructions carefully, generate ideas and share ideas with others in an effective way.
- I can take part in competitive athletics events, showing fairness and honesty when recording measurements and timings.
- I can recognise individual and team contributions and apply this constructively to reviewing and improving future performances.



Character skills developed in this unit:

- **Communication** - Effective communication through signals, discussion etc. is vital to aid teamwork and displaying leadership.
- **Perseverance** - Keeping going, even when tasks are difficult, to find solutions and solve problems with your team.
- **Teamwork** - Working collaboratively, listening to others, showing patience and reviewing performances.

Key Vocabulary

Word	Definition
Communication	Exchanging information to one another.
Orienteering	Using a map effectively to locate several determined points.
Control	A marked point or checkpoint used in orienteering.
Compass point	Directions - north, south, east etc.
Solution	A means of solving a problem.